



OCTOBER 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>To request a meal you must call the office no later than 10:00 a.m. the business day prior.</i></p> <p><i>If you receive a daily meal no changes can be made after 10:00 a.m. that day.</i></p>	<p>1 Hamburger Steak Roasted Red Potatoes Steamed Broccoli Yogurt Parfait</p>	<p>2 Turkey Club Sandwich Dijon Potato Salad Marinated Cucumbers Tropical Fruit Salad</p>	<p>3 Cashew Chicken Brown Rice Stir Fry Veggies Seasonal Fruit Cookie</p>	<p>4 Salisbury Steak Baked Potato Casserole Glazed Carrots Fluffy Fruit Salad</p>
<p>7 Tater Tot Casserole Green Beans Dinner Roll Waldorf Salad</p>	<p>8 Pulled Pork Sandwich Sweet Potato Wedges Baked Beans Grapes</p>	<p>9 Chicken Strips Whipped Potatoes Grilled Vegetables Dinner Roll Fresh Fruit Cup</p>	<p>10 Beef Stroganoff Asparagus Garlic Bread Melon Cup</p>	<p>11 Ham Balls Hash Brown Casserole Monaco Vegetables Berry Crisp</p>
<p>14 Columbus Day Indigenous Peoples' Day KHA Office Closed No Meal Served</p>	<p>15 Pierogi Casserole Roasted Sweet Potatoes Sugar Snap Peas Watergate Salad</p>	<p>16 Salmon Patty Risotto Roasted Brussels Sprouts Citrus Salad</p>	<p>17 Chicken Salad Croissant Sweet Potato Salad Pickled Beets Mixed Fruit</p>	<p>18 <u>Birthday Dinner</u> Italian Pot Roast Garlic Mashed Potatoes Green Beans Dinner Roll Cherry Cheesecake</p>
<p>21 Biscuits and Sausage Gravy Hash Brown Patty Egg and Vegetable Casserole Fresh Fruit Cup</p>	<p>22 Meatloaf Macaroni and Cheese Roasted Cauliflower Dinner Roll Blushing Applesauce</p>	<p>23 Chicken Pot Pie Grilled Vegetables Breadstick Kiwi and Strawberries</p>	<p>24 Hot Ham and Cheese Sandwich Steak Fries Peas and Carrots Mixed Fruit</p>	<p>25 Oven Fried Chicken Mashed Potatoes And Gravy Corn, Biscuit Jell-o w/ Fruit</p>
<p>28 Sliced Pork Loin Mashed Sweet Potatoes Harvard Beets Cornbread Pineapple</p>	<p>29 Chicken Parmesan Fettucine Italian Vegetables Breadstick Berries w/ Whipped Cream</p>	<p>30 Hot Beef Sandwich Yukon Gold Potatoes Monterey Vegetables Banana Cream Dessert</p>	<p>31 <u>Halloween Luncheon</u> Sub Sandwich Pasta Salad Three Bean Salad Sliced Pears Dirt Cup</p>	<p>[Blank]</p>