



MONDAY

SEPTEMBER 2026



FRIDAY

MENUS

SUBJECT TO CHANGE

1	2	3	4
Shepherd's Pie Mixed Vegetables Dinner Roll Fruit Parfait	Chicken Stir Fry Rice Stir Fry Vegetables Citrus Salad Cookie	Turkey Tetrzzini Grilled Vegetables Breadstick Mixed Fruit	Hamburger Steak Whipped Potatoes Green Beans Emerald Pears
8	9	10	11
Breaded Beef Patty Yukon Gold Potatoes Wax Beans Blushing Applesauce	Pulled Pork Sandwich Sweet Potato Fries Baked Beans Tropical Fruit Salad	Chicken Noodle Casserole Seasonal Vegetables Breadstick Berries w/ Whipped Cream	Ham Balls Hash Brown Casserole Steamed Broccoli Apple Crisp
15	16	17	18
Chicken Salad Croissant Pasta Salad Three Bean Salad Jell-O w/ Fruit	Baked Pork Chop Garlic Mashed Potatoes Harvard Beets Cornbread Pineapple	Tuna Patty Wild Rice Pilaf Roasted Brussels Sprouts Seasonal Fruit	Yankee Pot Roast Braised Potatoes Pot Roast Veggies Dinner Roll Jell-O Cake w/Fruit
22	23	24	25
Chicken & Rice Broccoli & Cheese Garlic Bread Ambrosia Salad	Meatloaf Roasted Potatoes Glazed Carrots Kiwi & Strawberries	Sub Sandwich Potato Salad Pickled Beets Mandarin Oranges	Oven Fried Chicken Mashed Potatoes & Gravy Corn Biscuit Jell-O w/Fruit
29	30	To request a meal you must call the KHA office no later than 10:00 a.m. the business day prior. If you receive a daily meal no changes can be made after 10:00 a.m. that day.	
No Meals Served Due to Staff Training	No Meals Served Due to Staff Training		