



JULY 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Oven Roasted Turkey Yukon Gold Potatoes Asparagus Fresh Fruit Cup	2 Chicken Strips Macaroni and Cheese Grilled Vegetables Emerald Pears	3 Ham Balls Hash Brown Casserole Monterey Vegetables Berry Crisp	4 Independence Day KHA Office Closed No Meal Served
7 KHA Meal Program Summer Shutdown No Meal Served	8 KHA Meal Program Summer Shutdown No Meal Served	9 KHA Meal Program Summer Shutdown No Meal Served	10 KHA Meal Program Summer Shutdown No Meal Served	11 KHA Meal Program Summer Shutdown No Meal Served
14 Breaded Beef Patty Whipped Potatoes Peas and Carrots Banana Cream Dessert	15 Hot Ham and Cheese Sandwich Roasted Sweet Potatoes Baked Beans Berries and Whipped Cream	16 Chicken Cacciatore Egg Noodles Summer Vegetables Breadstick Fluffy Fruit Salad	17 Oven Baked Fish Risotto Brussels Sprouts Fresh Fruit Cup	18 Italian Pot Roast Garlic Mashed Potatoes Green Beans Garlic Bread Strawberry Cheesecake
21 Meatloaf Mashed Sweet Potatoes Mixed Vegetables Seasonal Fruit	22 Chicken Stir Fry Stir Fry Vegetables Brown Rice Citrus Salad Cookie	23 BBQ Hamburger/Hotdog Chips Salad Cookie	24 Swiss Steak Baked Potato Casserole Steamed Broccoli Dinner Roll Melon Cup	25 Oven Fried Chicken Mashed Potatoes & Gravy Succotash Biscuit Peach Jell-o Dessert
28 Sliced Pork Loin Scalloped Potatoes Harvard Beets Cornbread Tropical Fruit Salad	29 Chicken and Rice Broccoli and Cheese Garlic Bread Ambrosia Salad	30 Tater Tot Casserole Wax Beans Dinner Roll Jell-o w/ Fruit	31 Chicken Salad Croissant Pasta Salad Three Bean Salad Blushing Applesauce	To request a meal or an alternate you must call the office no later than 10:00 a.m. the business day prior. If you receive a daily meal no changes can be made after 10:00 a.m. that day.