



OCTOBER 2026



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MENUS SUBJECT TO CHANGE

*To request a meal or an alternate
you must call the office no later
than 10:00 a.m. the business day
prior.*

*If you receive a daily meal no
changes can be made after 10:00
a.m. that day.*

			1	2
			Tater Tot Casserole Baked Beans Garlic Bread Blushing Applesauce	Breaded Beef Patty Scalloped Potatoes Green Beans Biscuit Peach Jell-O Dessert
5	6	7	8	9
Baked Ziti Pasta Grilled Vegetables Breadstick Fresh Fruit Cup	Taco Pie Refried Beans Santa Fe Vegetables Glazed Grapes	<i>No Meals Served</i>	Grilled Ham Steak Hash Brown Casserole Seasonal Vegetables Dinner Roll Fluffy Fruit Salad	BBQ Meatballs Cheesy Rice Steamed Broccoli Baked Apples
12	13	14	15	16
Columbus Day KHA Office Closed No Meals Served	Chicken Salad On a Croissant Potato Salad Pickled Beets Peaches	Pulled Pork Sweet Potato Fries Succotash Cornbread Tropical Fruit Salad	Oven Baked Fish Wild Rice Pilaf Roasted Brussels Sprouts Mandarin Oranges	Italian Pot Roast Garlic Mashed Potatoes Green Beans Cherry Cheesecake
19	20	21	22	23
Creamed Chicken Over a Biscuit Hash Brown Patty Peas & Carrots Melon Cup	Beef Stew Braised Cabbage Breadstick Glazed Bananas	Sliced Pork Loin Mashed Sweet Potatoes Roasted Cauliflower Seasonal Fruit	Chicken Stir Fry Rice Stir Fry Veggies Citrus Salad Cookie	Salisbury Steak Baked Potato Casserole Wax Beans Berry Crisp
26	27	28	29	30
Sloppy Joe Steak Fries Grilled Vegetables Waldorf Salad	Chicken & Rice Broccoli & Cheese Garlic Bread Ambrosia Salad	Meatloaf Roasted Potatoes Glazed Carrots Kiwi & Strawberries	Sub Sandwich Pasta Salad Three Bean Salad Mixed Fruit	Oven Fried Chicken Mashed Potatoes & Gravy Corn Biscuit Jell-O w/Fruit